

COPD Conversation Starter



How to talk to your doctor about STIOLTO RESPIMAT for your COPD (chronic obstructive pulmonary disease)

Now that you're ready to ask your doctor if STIOLTO RESPIMAT is right for you, here is a list of questions that you can ask to help get the conversation started.

- 1 **Some days, it's hard for me to breathe. Will I be able to take STIOLTO RESPIMAT on those days?**
- 2 **How soon does STIOLTO RESPIMAT start to work?**
- 3 **Does STIOLTO RESPIMAT contain steroids?**
- 4 **Can STIOLTO RESPIMAT help me use my rescue inhaler less often?**
- 5 **I smoked for many years; can STIOLTO RESPIMAT improve my breathing?**



Print this page and bring it to the doctor to see if STIOLTO RESPIMAT is right for you.

Get STIOLTO for as little as \$0.*
Learn more at Stiolto.com

*Terms and conditions apply. See Stiolto.com for details.

APPROVED USE for STIOLTO RESPIMAT

STIOLTO® RESPIMAT® (tiotropium bromide and olodaterol) Inhalation Spray is a prescription medicine used long term, 2 puffs 1 time each day, in controlling symptoms in adults with chronic obstructive pulmonary disease (COPD). COPD is a chronic lung disease that includes chronic bronchitis, emphysema, or both.

STIOLTO is not for treating sudden symptoms of COPD. Always have a rescue medicine with you to treat sudden symptoms. STIOLTO is not for asthma.

IMPORTANT SAFETY INFORMATION for STIOLTO RESPIMAT

Do not use STIOLTO if you have asthma. People with asthma who take long-acting beta₂-agonist (LABA) medicines, such as olodaterol, (one of the medicines in STIOLTO), without also using a medicine called an inhaled corticosteroid, have an increased risk of serious problems from asthma, including being hospitalized, needing a tube placed in their airway to help them breathe, or death.

Do not use STIOLTO if you are allergic to tiotropium, ipratropium, atropine or similar drugs, olodaterol, or any ingredient in STIOLTO.

Call your healthcare provider or get emergency medical care if you experience symptoms of a serious allergic reaction including: rash, hives, itching, swelling of the face, lips, tongue, throat, and difficulties in breathing or swallowing.

Get emergency medical care if your breathing problems worsen quickly or if you use your rescue inhaler but it does not relieve your breathing problems. Call your healthcare provider if breathing problems worsen over time while using STIOLTO.

Please see additional Important Safety Information on page 2. Please see accompanying full [Prescribing Information](#), [Patient Information](#), and [Instructions for Use](#) for STIOLTO RESPIMAT.

STIOLTO®
RESPIMAT®
(tiotropium bromide & olodaterol)
INHALATION SPRAY

IMPORTANT SAFETY INFORMATION (cont'd)

Do not use STIOLTO more often than prescribed by your doctor. Do not use STIOLTO with other LABAs or anticholinergics.

Do not use STIOLTO for treating sudden breathing problems. Always have a rescue inhaler with you to treat sudden symptoms.

Tell your doctor about all your medical conditions including heart problems, high blood pressure, seizures, thyroid problems, diabetes, kidney problems, glaucoma, enlarged prostate, and problems passing urine.

STIOLTO can cause serious side effects, including sudden shortness of breath that may be life threatening, fast or irregular heartbeat, increased blood pressure, chest pain, tremor, headache, nervousness, high blood sugar, or low blood potassium that may cause muscle weakness or abnormal heart rhythm. If any of these happens, stop taking STIOLTO and seek immediate medical help.

STIOLTO can cause new or worsening eye problems including narrow-angle glaucoma, and can increase the pressure in your eyes, which can cause the following symptoms: eye pain, blurred vision, seeing halos or colored images along with red eyes. If you have any of these symptoms, stop taking STIOLTO and call your doctor right away.

STIOLTO can cause new or worsened urinary retention. Symptoms of urinary retention may include difficulty passing urine, painful urination, urinating frequently, or urinating in a weak stream or drips. If you have any of these symptoms, stop taking STIOLTO and call your doctor right away.

The most common side effects of STIOLTO are runny nose, cough, and back pain.

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, eye drops, vitamins, and herbal supplements. STIOLTO and certain other medicines may affect each other.

STIOLTO is for oral inhalation only.

The STIOLTO cartridge is only intended for use with the STIOLTO RESPIMAT inhaler.

Do not spray STIOLTO into your eyes. Your vision may become blurred and your pupils may become larger (dilated).

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.FDA.gov/medwatch or call 1-800-FDA-1088.

Read the step-by-step patient Instructions for Use for STIOLTO RESPIMAT before you use your inhaler.

Please see accompanying full [Prescribing Information](#), [Patient Information](#), and [Instructions for Use](#) for STIOLTO RESPIMAT.

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